

# SOARS LESSON PLAN

(9:16 – 10:00)

## Lesson Plan 2- Career Matchmaker

### Introduction/Ice Breaker-

- At this point you should have met with all of your students on an individual basis. If this has not happened try to get something scheduled within the week. Remind the students of this.
- Today the students will go over matchmaker. The purpose of Matchmaker is so the students have an opportunity to see how their interests relate to possible careers. Matchmaker will correlate different career paths that match their interests.
- Share with the students the benefits to matchmaker. Give your personal spin on how you think this could be a successful program. Ex. Share how beneficial it would have been to have an educated idea on your possible future career before you entered college.

### Lesson – Matchmaker – Get the Kids going on this ASAP. This takes a long time.

- All freshman need to take Matchmaker and update their portfolios. We have had problems with the students' information getting saved, so you may want to make sure that all students are consistently saving their Matchmaker results and other portfolio information.
- Students MUST have their laptops!
- You may want to put this process on the Smart Board so that students can see the information as they go.
- **Career Cruising Matchmaker Directions**
  1. Students need to type in [www.sdmylife.com](http://www.sdmylife.com) into web browser.
  2. Give students their Access Cards so they can log in. If you are missing cards, or don't have some students' information, **contact Mrs. Firman before this lesson plan.**
  3. At the top of the Main Page, click on the box "Matchmaker"
  4. Most students completed Matchmaker last year. They will probably need to click on Matchmaker New Session. This will give them an updated idea on what career paths might be right for them.
  5. When finished, go to the box "My Skills" (0-45 questions) and have the students answer those questions.
  6. Make sure they save everything to "My Portfolio"
- **Activities and Abilities Directions**
  1. Click on "My Portfolio" at the top of the page.
  2. From the options on the left hand side, click on "Activities and Abilities"

- 3. Start with filling out “Extracurricular Activities”
- 4. Fill out “Hobbies and Interests”
- 5. Fill out “Skills and Abilities”
- 6. Fill out “Awards and Certificates”
- **Career Prep Directions**
  1. Click on “My Portfolio” at the top of the page.
  2. From the options on the left hand side, click on “Career Prep”
  3. Start off by clicking on “Career Planning Activities” - Add any activities that apply to you.  
(SAVE)
  4. Next, click on “Career and Life Goals”. Fill out your goals and SAVE.
- **Work Experience**
  1. Go to “Portfolio” at the top of the page.
  2. There are options on the left. Pick “Work Experience”.
  3. Fill in the information for any of your work experiences.

Closure –

- Remind Students to save all of their information