

SOARS LESSON PLAN

(9:16 – 10:00)

Juniors Lesson #2

Introduction/Ice Breaker (5 minutes)-

- Check the sign-up sheet to make sure everyone has signed up a time to visit with you about their dreams and courses they are enrolled in. If you have not met with everyone by the second lesson, please do so **before the end of First Quarter** so you have touched base with all your students in the fall of the school year.
- Today we will look at the SDMyLife website and check out information to help you make sound choices based on your interests for your future after high school.
- Make this website a **favorite** for quick access: <http://www.sdmylife.com/grades/11th.asp>
- You will want to record information throughout the year in your **personal Career Cruising account** so have your **ID/password** handy-memorize it (from Mrs. Firman, counselor). A link in the upper R-hand corner of the website will help you access your account.
- HINT:** Create a *word.doc* inside a folder titled **1Personal Information** (*Numbers before letters for alignment*) to keep track of your **ID/passwords** and any other confidential information you use for school. Then you have a secure place to store and access them on your laptop if you forget your various ID/passwords.

Lesson –

You may or may not be aware of the SD MyLife website. Today you will get a chance to check out what information you can use to plan for your future. Use the links across the top to investigate this site. Come back to this site often as you explore, plan and prepare for YOUR future... we want you to succeed!!

Getting Started-11th grade What you should be checking out your junior year.

Career Clusters 16 different career clusters that focus on specific interests, abilities, talents, working conditions.etc; which career clusters match your interests and abilities?

Colleges Two and four year programs offered in South Dakota linked here for you. Check out Academics to review programs matching your interests. Four year programs do not equate to higher salaries. There are links for scholarships.

Reality Check to your future (*Bottom R-corner*) This activity will help you determine what you will need to make your dream lifestyle a reality... AND be realistic about your future lifestyle!

Closure (5 mins) –

- Have your students email you what they learned today from using the website; either about themselves or the information they accessed.
- Remind students to meet with you independently if they have not yet. Make sure that all the students have scheduled a time to meet with you before this session is over.
- If the students have any questions feel free to contact you –list your email address. You may also mass and individually email your students thru SDMyLife or have students give you their email address on the form when they sign up to meet with you.

Junior level 2011-2012 SOAR Lessons Overview		
# Session	SOARS Topic	Career Cruising Completion <i>SD Adm Rules 24:43:11:01 & 08</i>
1 Sept 15	*Introduction/Overview/ Ice Breaker *Sign up for Advisee meeting	<i>Administrative Rule Requirements</i> Review Career Matchmaker Review PLP – Secondary Education Plan
2 Oct 13	*16 Career Cluster Concept overview *Connecting your dots...to your successful future	<i>Career Exploration & Assessments</i> My Skills Careers that Interest Me
3 Nov 16/17	*Jr/Sr Speakers ALL DAY presentations planned by Mr. Foster *Post-Secondary schooling – types, programs, opportunities, private and public institutions	<i>Career Exploration & Assessments</i> Career Selector Schools that Interest Me
4 Dec 8	*Relationships & Your values: Choices and opportunities that shape your future *Shadowing experience opportunity	<i>Career Preparation</i> Career Cluster Interests Career Planning Activities
5 Jan 26	*Tolerance and Diversity: Individuality and Commonalities www.tolerance.org *Post-secondary visit opportunity	<i>Career Preparation</i> Career Planning Activities Career & Life Goals
6 Feb 16	*Fact sheets, resumes, application forms: digital online info may morph into a life of its own- how social networking may haunt you later *National Honor Society Application, college applications, scholarship applications...	<i>Activities, Experiences & Awards</i> Extracurricular Activities Skills & Abilities Awards & Certificates
7 Mar 22	*Etiquette in the working environment: inquiring about jobs, interviews, & follow-up, becoming a team player, respecting authority *Post-secondary education 1-2-4yrs, military, on-the-job training, other learning opportunities- entrepreneurship, trade apprenticeships	<i>Personal Learning Plan</i> PLP – Post-Secondary Education Plan
8 Apr 19	*Closure & Summary of school year * Summer opportunities-volunteer, paid,	<i>Advisement Activities</i> Annual My Portfolio Review

	education, related career experiences	
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