

SOARS LESSON PLAN

(9:16 – 10:00)

Juniors Lesson #1

Introduction/Ice Breaker (5 minutes)-

- Introduce yourself to the students. Tell them who you are. Where you attended school and share with them some unique information about yourself.

- Then explain to the students what SOAR is. You probably want to share with them that SOAR is a program that was implemented in our school by the state of South Dakota and our staff to prepare our students for a successful future. (Remind the students that you want to see them be successful and that you want to help them with anything they need to be successful)

- Explain to the students that the relationship with them is not supposed to be a typical classroom setting but you are there as a teacher to help advise them on the path they have set for themselves. Share with the students the different lessons that will be covered throughout the entire semester.

- Review your Career Matchmaker results; retake it if not satisfied
- Review 16 Career Cluster concepts and align high school courses to your interests
- Post-secondary schools and their programs of interest
- Relationships, Self Respect, Values
- Tolerance, Discrimination, and Support
- Savvy use of technology for your successful future
- Etiquette in the working environment
- Summer opportunities to seek out

- Soar will meet once a month for a 40 minute session

- As the advisor of your group we would like you to meet for 5 to 10 minutes with each individual in your group outside of the SOAR time. This meeting will help you learn about your students and where they want to go with their lives. As the advisor this is a great way to begin that relationship.

In this meeting you should discuss with each student their credits, what they plan on doing with their lives etc. Our students need to have some relevance to what they are doing. EX. If a student wants to be a doctor but they are taking only 2 sciences throughout high school they are obviously not on the right course to be a doctor. It is your job in this meeting to help guide them.

- Have a signup sheet for the students as a time you can get together such as in the morning, after school, or whenever.

Lesson –

- Today is a day that you are trying to get to know your students and what they are all about. This will be low key as we are looking to develop a relationship. Feel free to bring a treat if you would like for your class as we will be playing a get-to-know-your student ice breaker.

“What’s your favorite Color?”

M&Ms or Skittles (1 small snack pkg per student)

Give each teen a small package of M&Ms or Skittles and instruct them they can eat all but one color. They must then answer the question coded with the color of the candy they saved: (Make up your own questions or use the following)

Red: What is your favorite book and why?

Orange: What was the last movie you watched and how was it?

Yellow: Who is your favorite musical group and which of their songs is your favorite?

Green: Do you have a collection? What is it and how old were you when you started it?

Blue: Which foreign country would you like to visit and why?

Brown: What is the best vacation you've ever been on?

Closure (5 mins) –

- Remind the students that they need to meet with you independently. Make sure that all the students have scheduled a time to meet with you before this session is over.
- If the students have any questions feel free to contact you.

Junior level 2011-2012 SOAR Lessons Overview		
# Session	SOARS Topic	Career Cruising Completion <i>SD Adm Rules 24:43:11:01 & 08</i>
1 Sept 15	*Introduction/Overview/ Ice Breaker *Sign up for Advisee meeting	<i>Administrative Rule Requirements</i> Review Career Matchmaker Review PLP – Secondary Education Plan
2 Oct 13	*16 Career Cluster Concept overview *Connecting your dots...to your successful future	<i>Career Exploration & Assessments</i> My Skills Careers that Interest Me
3 Nov	*Jr/Sr Speakers ALL DAY presentations planned by Mr. Foster	<i>Career Exploration & Assessments</i> Career Selector

16/17	*Post-Secondary schooling – types, programs, opportunities, private and public institutions	Schools that Interest Me
4 Dec 8	*Relationships & Your values: Choices and opportunities that shape your future *Shadowing experience opportunity	<i>Career Preparation</i> Career Cluster Interests Career Planning Activities
5 Jan 26	*Tolerance and Diversity: Individuality and Commonalities www.tolerance.org *Post-secondary visit opportunity	<i>Career Preparation</i> Career Planning Activities Career & Life Goals
6 Feb 16	*Fact sheets, resumes, application forms: digital online info may morph into a life of its own- how social networking may haunt you later *National Honor Society Application, college applications, scholarship applications...	<i>Activities, Experiences & Awards</i> Extracurricular Activities Skills & Abilities Awards & Certificates
7 Mar 22	*Etiquette in the working environment: inquiring about jobs, interviews, & follow-up, becoming a team player, respecting authority *Post-secondary education 1-2-4yrs, military, on-the-job training, other learning opportunities- entrepreneurship, trade apprenticeships	<i>Personal Learning Plan</i> PLP – Post-Secondary Education Plan
8 Apr 19	*Closure & Summary of school year * Summer opportunities-volunteer, paid, education, related career experiences	<i>Advisement Activities</i> Annual My Portfolio Review