

SOARS LESSON PLAN

(9:16 – 10:00)

Seniors Lesson #2

Introduction/Ice Breaker (5 minutes)-

- Check the sign-up sheet to make sure everyone has signed up a time to visit with you about their future plans. If you have not met with everyone by the second lesson, please do so **before the end of First Quarter** so you have touched base with all your students in the fall of the school year.

- Today we are going to review the Career Cruising assessments and make sure the students are comfortable with the results.

-For quick access to Career Cruising go to: <http://www.sdmylife.com/grades/12th.asp>

Lesson –

You may or may not be aware of the SD MyLife website. Today you will get a chance to check out what information you can use to plan for your future. Use the links across the top to investigate this site. Come back to this site often as you explore, plan and prepare for YOUR future... we want you to succeed!!

In 12th grade, you should have a pretty good idea about your future career field. While you may change your mind, it's good to have a general sense of where you want to go. It will save you time and money down the road!

- Explore the 16 Career Clusters
- [Log into SDMyLife.com](http://www.sdmylife.com)

- Prepare for ACT test using the ACT Test Prep software
- Use the Scholarship Search on SDMyLife to apply for scholarships
- Research colleges, technical schools and military options
- Update your Personal Learning Plan
- Update your Portfolio and include information on:
 - Job shadowing/ internship
 - Extracurricular activities
 - Work and volunteer time
 - Awards and interests
 - Colleges or technical schools
 - National Tests (ACT/SAT, PSAT, PLAN, ETC)

- Take the ACT or SAT test
- Visit colleges or technical institutes
- Talk with admissions counselors that come to your school

- Ask teachers, your school counselor and employer for letters of recommendation
- Fill out and send in college applications
- Attend a financial aid meeting
- Complete the Free Application for Federal Student Aid (FAFSA) early and submit as close to January 1 as possible.
- Finalize post-graduation decisions

Closure (5 mins) –

- Have your students email their assigned advisor what they learned today from using the website; either about themselves or the information they accessed.
- Remind students to meet with their advisor independently if they have not yet. Make sure that all the students have scheduled a time to meet with you before this session is over.
- If the students have any questions feel free to contact their advisor –list your email address. You may also mass and individually email your students thru SDMylife or have students give you their email address on the form when they sign up to meet with you.