

## SOARS LESSON PLAN

(9:16 – 10:00)

Seniors Lesson #4

### Introduction/Ice Breaker (5 minutes )-

- GOAL: Encourage Post-Secondary Visits. It will be the expectation that all students will be able to make a future goal statement after returning from Christmas Vacation. They should have visited or made an appointment to visit a school(s) of their choice

For the Ice Breaker, ask the students that have visited school to talk about what happened, what their reaction to the school were, and how has this effected them.

By this time you will start to see students who are beyond this lesson and students that are behind in their Career Cruising efforts.

Be prepared to assist the students not making career decisions

### Activity (10 mins)-

\*Post-secondary visit opportunity- Check out one or more websites of colleges you are interested in for when they encourage prospective students to visit the campus. Visiting the campus will give you valuable information about programs, travel, lodging, and school atmosphere. You often visit with professionals and are given a tour by student ambassadors to highlight opportunities you may want to participate in. See Mrs. Firman or Mr. Foster to help you set up your college visit.

### Resource: Classroom Activities for Career Cruising/College Research Exercise / Activity#12

The purpose of this activity is to help students:

- Learn about colleges and the programs they offer
- Become familiar with Career Cruising's education and training resources
- Learn how to use the Internet to find important career-related information

Complete the **College Research Exercise** to learn about college admission requirements, programs of interest, etc. The next step after researching colleges of interest and comparing programs and expense would be to visit the campus, meet professors and students from your program of study, and explore college opportunities available.

Complete the **Career Decision Making Matrix**.

Have the student use data from the "My Life" website

### Lesson – (20 mins)-

#### Resource: Career Decision making Matrix

This may be difficult for some students who have not labeled what they have learned about their interests, abilities, values, personality, work values, study skills, and career cluster interest.

Most students will not finish the matrix but should have the idea on how to use it.

Ask them what state they want to get training in or go to school

Ask them what career cluster they will be entering

Have the students list all of the careers on the left side of the sheet.

Have the student list the components of their decision on the top.

The student then can check the careers that best meet the components of their decision.

**Closure (5 mins) –**

- Talk about how individualize career decision making is and how gaining a focus of what direction they want to go will make life easy for them.
- Talk about the expense of making a choice that was not properly researched.
- Picking a career path should be just as important as the research you would make to invest money in the stock market.
- Have the students go back and review the Career Cruising activities to better understand the components of their career decision making.