

SOARS LESSON PLAN

(9:16 – 10:00)

Tolerance/Discrimination

Introduction/Ice Breaker (5 minutes)-

1. Have students write down any derogatory terms they have heard used at their houses or that they themselves have used. These terms can be related to race, sexual orientation, sex, etc.
2. Within reason, have the students share the results and talk about how it can be hurtful so say those things about other people.
3. Ask students if they have ever been called names because of their race, hair color, sex, etc.

Lesson –

1. Complete questions on empathy.
<http://www.tolerance.org/sites/default/files/general/are%20you%20empathetic.pdf>
2. Put yourself in this person's shoes...(see handout)

Closure (5 mins) –

-Make a goal not to say any hurtful terms for the next week and ask those around you to do the same.